



**Taghleef Industries Inc.**

Dear Taghleef USA Employees,

I am proud to announce that Taghleef USA has been recognized as a Fit-Friendly Worksite. The Fit-Friendly Worksite Recognition program is an award given by the American Heart Association's *My Heart, My Life* initiative. It is intended to be a catalyst for positive change in the workplace across America. It recognizes worksites for making the health and wellness of their employees a priority.

We have been recognized at the Gold level, which means that:

- We offer all employees support for physical activity
- We have increased the number of healthy eating options available at our worksite
- We promote a wellness culture at the worksite
- We embrace at least nine criteria as outline by the American Heart Association in the areas of physical activity, nutrition and culture.

As a Fit-Friendly Worksite, we are corporate trailblazers who have adopted the spirit of the initiative and have the vision to try to improve the health and wellness of employees and the worksite. The annual biometric screening, health risk assessment, tobacco cessation programs, and Get-Fit Reimbursement program are examples of the Taghleef initiatives that support our eligibility for this prestigious award. In addition, we have demonstrated specific, quantifiable and measureable outcomes related to workplace wellness. Since 2008 tobacco use has decreased by 7%. In 2014 there was a 2% increase in the number of employees with healthy LDL Cholesterol levels when compared to the 2013 levels.

Thank you for your participation in Taghleef's wellness program and for making it a great success. I encourage each of you to continue on your journey to better health.

Sincerely,

Thomas Mohr

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